

# SASSAFRAS

## canteen

### BREAKFAST all day dining until 2pm

TOAST, sourdough, turkish or gluten free w/ cultured butter, house jam or honey [v] 5.9

SULTANA & walnut rye w/ honeycomb butter [v] 7.9

SASSY MUESLI w/ coconut yogurt pana-cotta & fresh seasonal fruits [vegan, gf] 16

AVO on TOASTED rye sourdough w/ goat's cheese, apple balsamic, pistachio dukkah [vegan / gf optional] 16.9

ADD two poached eggs + 4

EGGS ON TOAST, 3 free range eggs, smoke roasted tomato, rye sourdough toast, cultured butter [v] 11.9

ADD bacon & avocado OR avocado & halloumi +6.5

RICOTTA HOT CAKES w/ honeycomb butter, organic maple syrup [v] 15.9

CANADIAN HOT CAKES w/ crispy bacon, grilled banana, organic maple syrup [df] 18.9

EGGS BENEDICT, poached eggs & hollandaise on turkish toast w/ bacon OR avocado OR house-cured salmon gravlax 18

BIG BREAKFAST, thick-cut eye bacon, beef & maple sausage, 3 eggs, corn fritter, avocado, relish, tomato, sourdough toast 23.9

BUDDHA BOWL, chick pea & broad bean salad w/ roasted beetroot, quinoa, salad greens, avocado, lime dressing [vegan, gf] 17.9

CHILLI CORN FRITTERS, crispy fried w/ spinach, house relish, avocado, corn & coriander salsa [vegan, gf] 17.9

BREKKY BURGER, thick-cut eye bacon, avocado, soft fried egg, chipotle mayo, house relish, lettuce, parmesan polenta chips 16.9

FIELD MUSHROOMS sautéed w/ garlic & thyme butter, spinach, toasted pepitas, fettuccini, poached egg, chives [v] 17.9

SPECIALS are posted on the chalk board behind our front counter. Make sure you check them out.

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### SIDES

house relish (it's on us)

hollandaise | extra toast | aioli | extra maple | ice cream | change to gluten-free bread 2

roasted tomato | sautéed spinach 3

two poached eggs | avocado | garlic & thyme mushrooms [vegan] | parmesan polenta chips 4

bacon | grilled haloumi | house-cured salmon gravlax | maple beef sausage 5.5

SWEET POTATO WEDGES, herb salt, aioli 8 | BEER BATTER FRIES, herb salt, aioli 7

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### FOR THE LITTLE ONES

PANCAKE w/ strawberries & maple 7.9 [v] (until 2pm)

EGG scrambled, bacon, toast 8.9 (until 2pm)

AVOCADO on toast, one slice [v,gfo] 6.9

MELTED CHEESYMITE fingers on turkish toast [v,gfo] 6.9

SALT & PEPPER SQUID, fries, simple salad 10

BUTTERMILK CHICKEN TENDERS, fries, simple salad 10

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### LITTLE DRINKS

KIDS SHAKE 5.5

chocolate, vanilla, caramel, strawberry

KIDS JUICE 4.5

apple, pineapple or orange

KIDS HOT CHOCOLATE 4.5

BABYCINNO 1.5

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### **BURGERS from 11.00am** our burgers are served on a Japanese milk bun

BLT, w/ tangy mayo, beer & onion jam, 12

AMBER ALE BRAISED PORK BELLY BURGER, tangy mayo, slaw, pickles, house made bbq sauce 16

VEGIE BURGER, mushrooms, peppers, marinated eggplant, halloumi, salads, tangy mayo, beer & onion jam [v] 15

BUTTERMILK FRIED CHICKEN BURGER, lettuce, tomato, cheese, tangy mayo, beer & onion jam 15

BURGER SPECIAL - ever changing, check the black board for today's inspiration 16

ADD BEER BATTERED FRIES 3                      EXTRA BACON, FRIED EGG, CHEESE or AVOCADO + 2.0 each

**BURGER, FRIES & BEER, WINE or SOFTDRINK \$20 AFTER 11am EVERY DAY**

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### **SALADS & MORE from 11.00am**

BUDDHA BOWL, chick pea & broad bean salad w/ roasted beetroot, quinoa, salad greens, avocado, lime dressing [vegan, gf] 17.9

SALT & PEPPER SQUID w/ salad of mixed greens, cherry tomatoes, cucumber & herbs, garlic aioli, lemon 16

VIETNAMESE SALAD w/ rice noodles, crisp vegetables, soft herbs, peanuts, nam jim dressing, chilli jam, [gfo] 16

W/ sautéed beef [gf]    or    W/ marinated grilled tofu [gf]    or    W/ buttermilk fried chicken

SHORT CRUST PASTRY PIE or QUICHE, please ask for today's flavours served w/ salad 13.9 w/ salad & fries 16.9

**LUNCH SPECIAL, 11AM to 2PM WEEKDAYS, ANY OF THE ABOVE DISHES WITH A WINE, BEER or SOFTDRINK \$20**

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### **AFTER 3pm Thursday to Sunday**

TOMATO & FETA BRUSCHETTA [v] 9  
w/ basil, chive & balsamic glaze  
ADD HOUSE CURED SALMON 5.5

GRILLED HALOUMI [v] 9  
w/ basil & cashew pesto, cherry tomato, apple balsamic

BEER BATTERED FRIES or SWEET POTATO WEDGES [v] 8  
w/ herb salt & aioli

FULLY LOADED FRIES or SWEET POTATO WEDGES 18  
w/ shredded pork belly, mozzarella cheese, chives,  
crispy bacon pieces, smoky BBQ sauce, jalapeno mayo

PEKING DUCK SPRING ROLLS [4] 15  
w/ hoisin dipping sauce

PROVIDORE CHEESE BOARD [gfo] 28.9  
Cured meat & 3 cheese selection, house pickled onions,  
cornichons, spiced peach relish, lavosh

VEGAN NACHOS [vegan, gf] 17  
Red bean & charred corn salsa, house relish, smashed  
avocado, smoked sesame cheese

CRISPY SKIN TASSIE SALMON [GF] 27.9  
w/ chilli sesame seasoning, chickpea, edamame &  
quinoa salad, lime vinaigrette

HONEY & LIME PRAWNS 28.9  
w/ cherry tomato, green shallot & fresh herb fettuccini,  
lemon butter sauce

RIB FILLET STEAK 28.9  
w/ beer battered fries, garden salad & creamy  
mushroom sauce

MUSHROOM PARMY 26.9  
Buttermilk fried chicken, grilled mushrooms, creamy  
mushroom sauce, melted mozzarella, beer battered  
fries, garden salad

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### BEAR BONES ESPRESSO

FLAT white, cappuccino, long black 4, 4.5, 5, 6.5

LATTE 4, 5, 6.5

PICCOLO, short black, short macchiato 3.5

HOT chocolate mug, hot mocha mug 5

AFFOGATO vanilla ice cream w double espresso 6

SASSAFFOGATO melted dark chocolate, vanilla ice cream w double espresso 6.9

TUMERIC latte on almond milk 5

EXTRA shot, decaf, bonsoy, almond milk, lactose free milk, caramel, vanilla or hazelnut syrup shot 0.5

**COLD BREW 330ml bottle, milk & coffee OR black coffee 5.5**

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### ORIGIN TEA

ENGLISH BREAKFAST, earl grey, forest berry, lemongrass & ginger, orange pekoe, peppermint 5

SENCHA GREEN, liquorice mint, jasmine green, chamomile 5

RAINBOW ORGANIC CHAI leaves brewed on bonsoy, side of honey 5.5

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### FRESH JUICES, FRUIT FRAPPÉS

FRESHLY SQUEEZED JUICE 7, FRAPPE 7.5

strawberry, pineapple & mint

beetroot, carrot, apple & ginger

orange, pineapple & lime

mango, passionfruit, blueberry & orange

watermelon, apple & mint

MISS BUNTINGS RAW ENERGY JUICE spirulina, cucumber, carrot, ginger, apple, lemon, beetroot 9

SASSI LASSI FRAPPÉ banana, strawberry, mango, yogurt, honey, blended ice 9

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### SMOOTHIES, ICES, SHAKES (DAIRY FREE coconut ice cream add 2; MALT add 0.5)

SMOOTHIES mango passion or banana honey cinnamon or very berry 8

COCO BERRY BLISS, frozen berries, coconut water, coconut ice cream [df] 9

LOVER SMOOTHIE blueberries, banana, strawberries, yogurt 9

ICED CAP FRAPPÉ double shot espresso, ice cream & blended ice 7

ICED CHOCOLATE, COFFEE OR MOCHA over milk, ice, ice cream, topped w/ whipped cream 7.5

ICED LATTE / LONG BLACK double shot espresso, milk/ H2O on ice cubes 4, 5

SHAKES chocolate, caramel, vanilla, strawberry 8

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### CAFÉ FOR DOGS

HUGOS ICE CREAMS, salmon; strawberry; peanut butter & bacon 7

HAND MADE DOG TREATS, 5x biscuits 3

PUPPUCCINO & BISCUIT 3