

SASSAFRAS

canteen

BREAKFAST ALL DAY UNTIL 2PM

- TOAST, sourdough, Turkish, sour cherry or gluten free, w/ Pepe Saya butter, house jam, colony honey 8
- HOPE ISLAND'S MYMAPLE GLUTEN-FREE MUESLI, coconut yogurt, fresh fruit [vegan, gf] 16
- SOFT RICOTTA HOT CAKES, house-made honeycomb butter, organic maple syrup [v] 16
- CANADIAN HOT CAKES, crispy bacon, grilled banana & organic maple syrup [dairy-free] 19
- AVOCADO on SOURDOUGH, goat's cheese, caramelised apple balsamic, house pistachio dukkah [can be made vegan] 17
ADD two poached eggs +4
- THREE FREE RANGE EGGS ON SOURDOUGH, smoke-roasted tomato, cultured butter [v] 11
ADD bacon & avocado +6.5
ADD haloumi & avocado +6.5
- EGGS BENEDICT, poached eggs & hollandaise on Turkish toast w/bacon OR avocado OR house-cured salmon gravlax 18
- BIG BREAKFAST, thick-cut bacon, beef & maple sausage, 3 free-range eggs, corn fritter, avocado, relish, sourdough toast 24
- BUDDAH BOWL, spiced lentils & rice, crispy onions, red bean falafel, mushrooms, avocado, pumpkin hummus [vegan, gf] 17
- CHILLI SWEET CORN FRITTERS, house relish, avocado, corn & coriander salsa, fresh lemon, spinach [vegan, gf] 17
- BREKKY BURGER, thick-cut bacon, avocado, soft fried egg, chipotle mayo, house relish, lettuce, parmesan polenta chips 17
- GARLIC & THYME MUSHROOMS w sautéed black kale, shaved parmesan, poached eggs, chilli jam [v] 18
- SPICY MINCE ON TOAST w poached eggs, roasted tomato & rocket 18
- SPECIALS are posted on the chalk board behind our front counter. Make sure you check them out.

SIDES

- hollandaise | extra toast | extra maple | ice cream | change to gluten-free bread 2
- roasted tomato | sautéed spinach 3
- two poached eggs | avocado | garlic & thyme mushrooms | parmesan polenta chips 4
- bacon | grilled haloumi | house-cured salmon gravlax | maple beef sausage 5.5
- sweet potato wedges seasoned with celery salt, chipotle aioli 8

BURGERS FROM 11AM served on a Japanese milk bun

- BLT, chipotle mayo, beer & onion jam, 12
- AMBER ALE BRAISED PORK BELLY BURGER, chipotle and sriracha slaw, pickles, beer & onion jam 14
- LOADED CHEESE BURGER, beef, jalapeno mayo, beer & onion jam, lettuce, tomato, pickles 14
- VEGIE BURGER, bean & beetroot falafel, avocado, lettuce, tomato, chipotle mayo, beer & onion jam [v] 14
- PANKO-CRUMBED CRISPY CHICKEN BURGER, lettuce, tomato, cheese, jalapeno mayo, beer & onion jam 14
- ADD sweet potato wedges +3
- ADD bacon or fried egg or avocado +1.5 each

WEEK DAY SPECIAL FROM 11AM TO 2PM MONDAY TO FRIDAY

- ANY BURGER, SWEET POTATO FRIES & A BEER \$20

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SOUP, SALAD & MORE FROM 11.00AM

SOUP OF THE DAY, toasted Turkish OR gluten-free bread [v] 11

BUDDAH BOWL, spiced lentils & rice w/crispy onions, red bean falafel, mushrooms, avocado, pumpkin hummus [vegan, gf] 17

SALT & PEPPER SQUID w garden salad of mixed greens, lime & pepper aioli, lemon 16

VIETNAMESE SALAD, Asian inspired rice noodle salad w/ roasted peanuts, nam jim dressing, chilli jam [gf]

WITH sautéed beef \$16

WITH marinated grilled tofu \$15

SHORT CRUST PASTRY PIE or QUICHE, please ask for today's flavours served with salad 14

ADD sweet potato wedges +3

WEEKDAY SPECIAL, 11AM to 2PM MONDAY TO FRIDAY, ANY OF THE ABOVE DISHES WITH A GLASS OF WINE \$20

SMALL & LARGE PLATES AFTER 2PM THURSDAY TO SUNDAY

ROSEMARY & GARLIC BAGUETTE [v] 7

GRILLED HALOUMI [v] 9
w basil & cashew pesto, cherry tomato, apple balsamic

CRISPY FRIED POTATOES [v] 8
w chilli salt & house relish

PEKING DUCK SPRING ROLLS 15
w hoisin dipping sauce

BEETROOT FALAFEL [vegan, gf] 12
chunky eggplant dip, chilli jam

PORK CHICHARRONES [df, gf] 21
Asian greens, amber ale glaze & lime

PANKO CRUMBED CHICKEN BITES 14
w chipotle aioli

ROCKET & PARMESAN SALAD [v] 9
w pear, candied walnut & balsamic glaze

CHEESE BOARD [v] 29

Blue, cheddar & brie cheeses, peach & muscatel chutney, cornichons, fresh fruit, candied walnuts, lavosh crackers
ADD BIRKSHIRE LEG HAM +5

BARRAMUNDI & CAPER KOFTERS 25
w lemon pickle on spiced rice, chunky eggplant dip

LAMB SHANK POT PIE 24
Slow braised shank on the bone in a ragout of bush spices, vegetables & red wine, golden puff pastry, mushy peas, mint dressing

ROASTED PUMPKIN LASAGNE 19
w Swiss brown mushrooms & truffle oil

FULLY LOADED SWEET POTATO WEDGES 18
w shredded pork belly, mozzarella cheese, chives, jalapeno mayo

FOR THE LITTLE ONES UNTIL 2PM

KIDS' PANCAKE, maple syrup 7

EGG poached or scrambled, bacon, toast 8

FOR THE LITTLE ONES ALL DAY

MELTED CHEESE vegemite toasty fingers 7

PIZZA BREAD ham, cheese & pineapple 10

SALT & PEPPER SQUID, sweet potato wedges, salad 10

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BEAR BONES ESPRESSO

FLAT white, cappuccino, long black, 4, 4.5, 5, 6.5
LATTE 4, 5, 6.5
PICCOLO, short black, short macchiato 3.5
HOT chocolate, hot mocha 5
AFFOGATO vanilla ice cream w double espresso 5
SASSAFFOGATO melted dark chocolate, vanilla ice cream w double espresso 5.5
EXTRA shot, decaf, bonsoy, almond milk, lactose & gluten-free zymil 0.5

ORIGIN TEA

ENGLISH BREAKFAST, detox, earl grey, forest berry, lemongrass & ginger, orange pekoe, peppermint 5
SENCHA GREEN, licorice mint, jasmine green 5
RAINBOW ORGANIC CHAI leaves brewed on bonsoy, side of honey 5.5

FRESH JUICES, FRUIT FRAPPÉS

FRESHLY SQUEEZED JUICE 7, FRAPPE 7.5
strawberry, pineapple & mint
beetroot, carrot, apple & ginger
orange, pineapple & lime
mango, passionfruit, blueberry & orange
watermelon, apple & mint
MISS BUNTINGS RAW ENERGY JUICE spirulina, cucumber, carrot, ginger, apple, lemon, beetroot 9
SASSI LASSI FRAPPÉ banana, strawberry, mango, yogurt, honey, blended ice 9

SMOOTHIES, ICES, SHAKES (DAIRY FREE coconut ice cream add 2; MALT add 0.5)

SMOOTHIES mango passion or banana honey cinnamon or very berry 8
COCO BERRY BLISS, frozen berries, coconut water, coconut ice cream [df] 9
LOVER SMOOTHIE blueberries, banana, strawberries, yogurt 9
ICED CAP FRAPPÉ double shot espresso, ice cream & blended ice 7
ICED CHOCOLATE, COFFEE OR MOCHA over milk, ice, ice cream, topped w/ whipped cream 7.5
ICED LATTE double shot espresso, milk on ice cubes 5
SHAKES chocolate, caramel, vanilla, strawberry 8 [PREMIUM choc mint brownie shake 10]

CAFÉ FOR DOGS

HUGOS ICE CREAMS, salmon; strawberry; peanut butter & bacon 7
HAND MADE DOG TREATS, 5 biscuits 3
PUPPYCCINO & BISCUIT 3